

Rehearsal Techniques

Objective; To provide directors a range of tools and techniques to enhance the rehearsal experience that satisfies the emotional and musical needs of the singers and the director.

Rehearsals are what form the absolute core to the art of ensemble singing. Technique is the ability to consistently repeat the same patterns of coordination, it is a method of accomplishing a desired outcome.

- **How do we enhance our rehearsal experience?**
 - **Rehearsal Atmosphere and Procedure**
 - **The 30 Ps' of a Wonderful Rehearsal**
 - **Effective Rehearsal Communication**
 - **Singing in Tune**
 - **Mastering the elements of posture, breathing, phonation, resonance and articulation.**
 - **Ear Training and singing accurate intervals**
 - **Exercises for ear training and tuning**

Warm Up #32 Scale Patterns

The image shows three staves of musical notation for warm-up exercises. Each staff contains a sequence of notes with corresponding fingerings or counts written below them.

Staff 1: 1 1 2 1 1 2 3 2 1 1 2 3 4 3 2 1 1 2 3 4 5 4 3 2 1 1 2 3 4 5 6

Staff 2: 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 7 6 5 4 3 2 1 8 8 7 8 8 7 6 7 8 8 7 6 5 6 7 8 8 7 6 5 4 5 6 7 8 8 7

Staff 3: 6 5 4 3 4 5 6 7 8 8 7 6 5 4 3 2 3 4 5 6 7 8 8 7 6 5 4 3 2 1 2 3 4 5 6 7 8

Reminders

- Great interval work and ear training.
- Don't breathe after '1', keep '1' part of the journey, not a destination.
- Good exercise to assist in developing 'sneak' breathing.

Warm Up #33 1-3-5-8-5-3-1

Reminders

- Good for ear training.
- Focus on singing the arpeggios with air and lift.
- Keep the sound connected.

Warm Up #34 1, 2, 3, 4, 5-8,8-7,7

Reminders

- Good for ear training.
- Remember to sing 2, 3, 5, 6, on the high side.
- Sing the descending pattern with lift.

Warm Up #36 Chromatic

Reminders

- Great interval fork for ear training.
- The words remind us to sing the descending pattern with air and lift.

- **Other Tips for Maintaining Pitch**
- **Vowel Production**

Resources

Judging Category Description Book, Sweet Adelines, International

Directing a Barbershop Chorus, Barbershop Harmony Society

Choral Charisma, by Tom Carter

Sing, Baby, Sing!: A Springboard to Artistry, by Darlene Rogers, Dale Syverson & Peggy Gram

The Perfect Blend, by Dr. Timothy Seelig

The Perfect Rehearsal, by Dr. Timothy Seelig

Teaching Music with Passion, by Peter Loel Boonshaft

Above the Pipe: How Never To Sing Flat Again - Jim Henry